

## **HEALTH AND WELLBEING BOARD**

**25 JANUARY 2017**

	<b>Report for Resolution</b>
<b>Title:</b>	Health and Wellbeing Strategy 2016-2020. Outcome 2: Mental Health. Interim Report
<b>Lead Board Member(s):</b>	Dr Chris Packham, Associate Medical Director, Nottinghamshire Healthcare Trust.
<b>Author and contact details for further information:</b>	Liz Pierce Public Health Insight Specialist, Nottingham City Council. <a href="mailto:liz.pierce@nottinghamcity.gov.uk">liz.pierce@nottinghamcity.gov.uk</a>  Alison Challenger, Director of Public Health, Nottingham City Council. <a href="mailto:alison.challenger@nottinghamcity.gov.uk">alison.challenger@nottinghamcity.gov.uk</a>
<b>Brief summary:</b>	This report provides the Board with information on strategic developments in relation to the Mental Health outcome of the Health and Wellbeing Strategy 2016-2020 which was endorsed in September 2016.

### **Recommendation to the Health and Wellbeing Board:**

The Health and Wellbeing Board is asked to:

- a) note the actions, progress and risks outlined in the update report on the mental health priority of the Health and Wellbeing Strategy;
- b) agree to continue to support their mental health champions to engage with the Wellness in Mind Strategy and the Health and Wellbeing Strategy mental health priority;
- c) contribute to delivery of the action plans for the mental health priority; and
- d) reflect on the role and contribution of each of the partners in promoting mental health, challenging stigma and enabling improved access to mental health support.

### **Contribution to Joint Health and Wellbeing Strategy:**

<b>Health and Wellbeing Strategy aims and outcomes</b>	<b>Summary of contribution to the Strategy</b>
Aim: To increase healthy life expectancy in Nottingham and make us one of the healthiest big cities	This report provides the Board with information on strategic developments in relation to the Mental Health Outcome of the Health and Wellbeing Strategy 2016-2020 which was endorsed in September 2016.
Aim: To reduce inequalities in health by targeting the neighbourhoods with the lowest levels of healthy life expectancy	
Outcome 1: Children and adults in Nottingham adopt and maintain healthy lifestyles	
Outcome 2: Children and adults in Nottingham will have positive mental wellbeing and those with long-term mental health problems will have good physical	

health	
Outcome 3: There will be a healthy culture in Nottingham in which citizens are supported and empowered to live healthy lives and manage ill health well	
Outcome 4: Nottingham's environment will be sustainable – supporting and enabling its citizens to have good health and wellbeing	

<b>How mental health and wellbeing is being championed in line with the Board's aspiration to give equal value to mental and physical health</b>
This report focuses on how mental health and wellbeing are being taken forward by the Health and Wellbeing Board, and includes the importance of improving mental health and reducing physical health inequalities of those with mental health problems.

<b>Background papers:</b> <i>Documents which disclose important facts or matters on which the decision has been based and have been relied on to a material extent in preparing the decision. This does not include any published works e.g. previous Board reports or any exempt documents.</i>	none
---	------